

FROM THE BRIDGE

As July rapidly closes, most of us have had our summer hols and are now back parked behind desks and computers where the work that should have been done in our absence, wasn't, and we wonder why we bother with holidays at all! The lucky ones will be sitting with happy memories of sailing in warm places with blues skies and warm seas. That'll be Dave and Emma Tulloch then, who honeymooned in Mauritius! We need to see the photos of Dave in a Laser on the web I think!

A band of intrepid RS200 sailors made it Lake Garda. You probably saw the triple stacked trailer in the club grounds! Some very creditable results were returned. We await the full report for the newsletter... JP..

Closer to home, Brief 'n' Counter sauntered up to the Tay for East Coast week and came away with a fourth in class 2.

George Fyfe and the Burnsides made it to Holland and I hear Glen is planning the Lofoten Islands. A far travelled bunch us DBSC folk turn out to be!

Close to home though is the upcoming Inchcolm picnic this weekend, Sunday 6th, 12:00 at the slip if you need to hitch a ride on a RIB. This is a memorable event for some, a hazy memory for others! But always fun! Bring friends!

Finally, if we can get enough helpers.... And that is looking dodgy at the moment, the one day dinghy regatta is due to be held on Saturday the 5th of August. We REALLY NEED helpers... or we'll have to bin the event. Which would be a great shame, given all the effort that has been put in so far.

Enjoy your sailing!

Kind Regards,

David Burnett, Commodore

DBSC 100 Club

June Draw

1st	Ronnie Millar	£27
2nd	Brian Greer	£12
3rd	Robin Smith	£6

July Draw

to be announced.

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- go Club racing

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WHEN

16th-17th September

WHO FOR

Anyone who has at least RYA Level 2 or above,
at least 1 season sailing and is at least 16yrs old

HOW MUCH

£60 for the Course

RYA Qualified Coaches

Bring your own lunch or hot food and refreshments available from the bar.

INTERESTED?

Contact the Training Team on
training@dalgetybaysc.org

Taking Kermit to the Netherlands

The passage plan took hours to develop—go to the end of the Forth, turn right and sail on till the Netherlands appear. It did not work out quite like that, but near enough. Kermit was to be crewed by five on the way across, George, Beattie, Neal, Keith and me. Neal and Keith were to fly back from Amsterdam and Neal would fly out again to give a crew of four for the return journey. Having waited for enough water to leave our berth, we slipped out of Port Edgar about 10 in the evening in a westerly force 3, which once the watches had settled in, rose to a force 5. The excitement of putting in 2 reefs in the dark prompted a change in the plan—the first night was spent alongside the pontoon in Granton. An early start next day caught the tide and we slipped



past the ‘bolt holes’ one after another, deciding as we passed each one that we were in good shape to sail on until the next one. The commitment to cross the North Sea was made just south of the Humber before we were drawn into the Wash. We did not realize that the track would lead us past quite as many oil rigs, or indeed pass over one area with a depth of only 4.4 metres under the keel! Nevertheless Ijmuiden was reached after a trip of about 86 hours from leaving Granton.

Approaching Ijmuiden

The marina was large, immaculate and cheap—which we found was the normal situation for the Netherlands. Neal and Keith left next morning while Kermit, after refuelling, carried on through the jachtlock into the North Sea Canal. What a place—the traffic included yachts of all shapes and sizes, barges, ocean going cargo vessels and a regular hydrofoil service to Amsterdam which travels at 40—50 knots leaving less wake than many of the slower boats.

We stayed at Sixhaven in Amsterdam for two nights and used the free pedestrian ferry for tourist trips into the city where we also saw our first multi-storey bike park. By then we felt cultured out and moved on to the IJsselmeer, through our second Dutch lock in company with half a dozen English yachts which had just completed a North Sea race from Scarborough. It was quite exciting sailing around with the depth under the keel varying from 0.1 to 3 or 4 metres—going up to 8 metres in several marked channels. No tides there to float Kermit off should she run aground. The weather was wonderful, if anything too hot, and the boom tent was rigged each day as a sunshade.

After visiting the scenic old towns of Marken, Edam, Hoorn, Enkhuizen, Lelystad and Monnickendam, each with great marinas, our time was running out and we returned to Sixhaven to collect Neal. Then a supermarket raid and a last meal in Amsterdam before setting off on the return trip on Tuesday 25th July. One call at Eyemouth—which we found **does** dry out at



the yacht pontoon, at springs—and we made the last leg to Port Edgar arriving about 1am on the Sunday morning. (It would have been earlier if we had not been firmly stuck in the Eyemouth mud)!



Kermit in Marken harbour

Alastair Burnside

No 4 rigged as a sunshade on the North Sea

Dalgety Bay Sailing Club, The Wynd, Dalgety Bay, Fife KY11 9SJ
Clubhouse Opening Hours:- Monday - Saturday 7.30 pm, Sunday 1.00 pm
www.dalgetybaysc.org Tel: 01383 822778

Scottish Ladies' Regatta

The Scottish Ladies Regatta will be held at DBSC on Saturday 2nd September.

This event is open to all boats with a female helm (apparently guys are allowed to crew!).

Watch the clubhouse notice board and website for further details.

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Here's something different to do with avocados. All that's needed is a nice fresh green salad and your picnic is well on its way.

### Avocado Cheesecake

#### *Base:*

75g/3 oz marg.  
grated rind of half lemon

175g/6 oz water biscuits, finely crushed  
salt & freshly ground black pepper

#### *Filling:*

1 large Avocado  
225g/8 oz herb-flavoured full fat soft cheese  
150ml/ ¼ pint soured cream  
15g/ ½ oz powdered gelatine

grated rind and juice of ½ lemon  
2 eggs, separated  
freshly ground black pepper  
5 tablespoons water

#### *Topping:*

1 small ripe avocado, peeled and stoned  
and finely sliced

juice of 1 lemon  
few tarragon sprigs

Melt the marg in a saucepan over a gentle heat and stir in the biscuit crumbs with the lemon rind and salt & pepper to taste. Press evenly over the bottom of a greased loose-bottomed 18-20cm/7-8 inch round cake tin. Chill while you make the filling.

Mash the avocado flesh with the lemon rind and juice. Soften the herb-flavoured cheese in a large mixing bowl. Beat in the egg yolks, soured cream, mashed avocado and salt & pepper to taste. Sprinkle the gelatine onto the water and either place in pot containing warm water and heat until the gelatine mixture is clear (or heat in microwave for 1 minute.) Beat the gelatine into the cheese mixture. Leave to one side until the mixture is on the point of setting.

Whisk the egg whites until stiff and fold lightly, but thoroughly, into the cheese mixture. Spoon the mixture into the prepared tin and shake the tin gently to level the surface. Chill in fridge for at least 2 hours. To speed things along it can be put into the freezer for about half an hour.

Ease the sides of the tin carefully away from the cheesecake and lift the set cheesecake out of the tin.

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**Contact: John Harrison 07899011650**



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